

August 2025

Investing in our Community

From the desk of Stephanie Robinson, CEO, Lifeline Central West



A \$60,000 lifeline for Mudgee – and beyond

At Lifeline Central West we meet people on the hardest days of their lives. We sit with them until the worst moment passes, then walk beside them while they rebuild – because nobody should have to face the dark alone. It's a commitment we've kept across the bush for more than 45 years, from drought-stricken paddocks to late-night phone calls to 13 11 14.

Today, I'm incredibly proud to share that ACEN Australia – a company reshaping the energy future of regional NSW – is backing our region in the most meaningful way: with action.

Their \$60,000 donation will directly fund:

- The full training of five new local Crisis Supporters, and
- Five 2-day Mental Health First Aid courses across Mudgee, Dunedoo, Coolah, Gulgong and Wellington.

This is the kind of community capacity building that embeds knowledge into communities making them suicide safer and resilient. It's built over time, through deep listening and long-term partnerships that are built on trust and respect in community – exactly what ACEN have brought to the table.

A partnership that reflects real values

This partnership reflects ACEN's genuine commitment to building stronger, healthier and more connected regional communities. It shows that when big organisations truly listen, they can be powerful allies in creating grassroots, lasting change.

To our friends at ACEN: you haven't just given a grant. You've given hope. You've made it possible for five more people to answer the phone when it rings at 2am. You've made sure that someone in Dunedoo, or Coolah, or Gulgong knows what to say when a mate quietly says, "I'm not coping." And that – that's everything.

With deep gratitude,
Steph
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Join us on the fairway- Charity Golf Day 2025

We're thrilled to announce the first-ever **Mudgee Charity Golf Day** on **10 October 2025**, with all proceeds going directly to support the Mudgee Hub. It'll be a day of connection, laughter, and purpose – and yes, a bit of friendly rivalry on the greens. Contact Lifeline Central West on 1300 798 258 for more information or info@lifelinecentralwest.org.au